
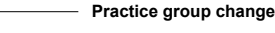


# SONJA HENIE TROPHY 2026 - OSLO / NOR

	Wednesday 04 Mar 2026		Thursday 05 Mar 2026		Friday 06 Mar 2026		Saturday 07 Mar 2026		Sunday 08 Mar 2026		
	Main	Off-ice	Main	Off-ice	Main	Off-ice	Main	Off-ice	Main	Off-ice	
6:00											6:00
6:30								JM 6:15			6:30
7:00			ANG 6:55		JW 6:45		S 6:45				7:00
7:30			S 7:25		S 7:15		SM 7:15				7:30
8:00				8:00			S 8:00		JM 7:50		8:00
8:30				Pre-Meeting BNG			SW 8:30		F 8:25		8:30
9:00							S 9:00				9:00
9:30			BNG 9:00				S 9:45		SM 9:15		9:30
10:00			F						F 35' *		10:00
10:30					ANG 10:00		JW 10:15		SW 10:05		10:30
11:00					F 10:30		F 10:45		F 10:40		11:00
11:30				DR 11:00						11:00	11:30
12:00				STO S						RTD- JW	12:00
12:30				JW+JM+SW+SM							12:30
13:00											13:00
13:30											13:30
14:00			INB 13:30								14:00
14:30											14:30
15:00			ING 13:55								15:00
15:30			F								15:30
16:00											16:00
16:30	Unofficial practice. See separate schedule.	DR 16:00									16:30
17:00		STO S									17:00
17:30		Interclub Categories + Adv Nov									17:30
18:00											18:00
18:30											18:30
19:00											19:00
19:30											19:30
20:00											20:00
20:30											20:30
21:00											21:00
21:30											21:30
22:00											22:00
22:30											22:30
23:00											23:00

<b>SM</b>	Men	<b>S</b>	Short Program	<b>DR</b>	Draw
<b>SW</b>	Woman	<b>F</b>	Free Skating	<b>STO</b>	Starting Order
<b>JM</b>	Junior Men	<b>Main</b>	Main Rink	<b>IJM</b>	Initial Judges Meeting
<b>JW</b>	Junior Women	Practice	Practice Rink	<b>TPM</b>	Technical Panel Meeting
<b>ANB</b>	Advanced Novice Boys	Off-ice	Off-ice	<b>RTD</b>	Round Table Discussion
<b>ANG</b>	Advanced Novice Girls	<b>VC</b>	Victory Ceremony	<b>TPR</b>	Technical Panel Review
<b>BNG</b>	Basic Novice Girls		Ice Resurfacing		
<b>INB</b>	Intermediate Novice Boys		Practice group change		
<b>ING</b>	Intermediate Novice Girls	*	Starting order		

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Subject to change